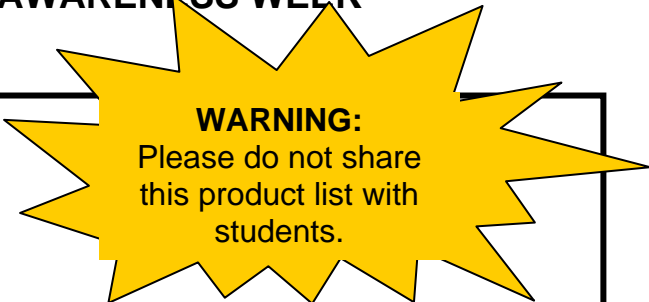


MANITOBA ADDICTIONS AWARENESS WEEK

| | |
|------------------|--|
| Topic: | Inhalant identification |
| Audience: | Adults |
| Outcome: | To inform adults and child care providers about the kinds of inhalants found in households |



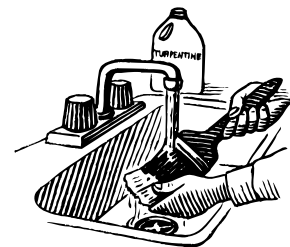
WARNING:
Please do not share
this product list with
students.



Careful! Inhalants are in the house

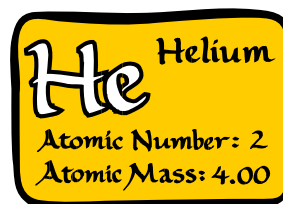
There are over 1400 products abused as inhalants. There are four main categories of inhalants:

Solvents: Numerous products that dissolve, coat or stick to other substances or surfaces.



Aerosols: A chemical mixture used to “shoot” products out of spray cans.

Gases: The four main ones include butane, propane, helium and nitrous oxide. Nitrous oxide is commonly known as laughing gas and has several commercial uses.



Nitrites: Amyl and butyl nitrite used as medical products.

MANITOBA ADDICTIONS AWARENESS WEEK

Many products around the home are dangerous if inhaled. Be careful with these products.

Cooking and Cleaning Products

- Cooking spray
- Aerosol cans – whipping cream, etc.
- Barbeque lighter fluid
- Kitchen cleaners
- Oven cleaners
- Bathroom cleaners
- Air fresheners



Personal Care Products

- Hair spray
- Nail polish and nail polish remover
- Spray Deodorant
- Breath Spray

School Supplies and Other Products

- Glue and rubber cement
- White-out
- Toxic markers
- Computer keyboard cleaner
- VCR head cleaner
- Butane lighter fluid



Workshop or Automotive Products

- Fire extinguisher propellant gas
- Paint/spray paint
- Paint thinner
- Wood stain or varnish
- Propane
- Kerosene
- Gasoline
- Carburetor cleaner
- Transmission fluid

